

HOME TREADMILLS

simple | reliable | customizable

*it all
starts
with a
vision*



VISION  **FITNESS®**

2007

| the Vision Fitness Difference

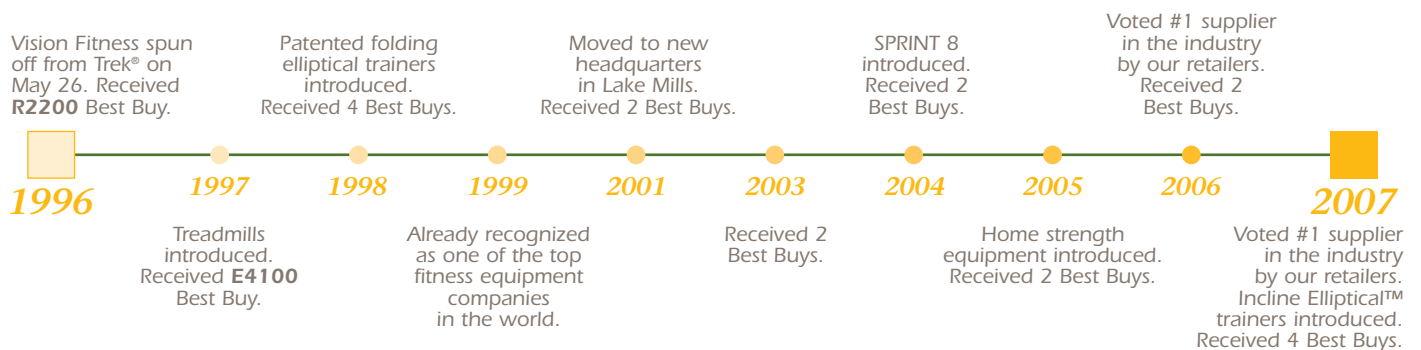
Whether your vision is a slimmer body, a healthier heart, stress management, or if you simply enjoy exercise, Vision Fitness has the treadmill to help you achieve your goals.

Vision Fitness began as a division of the Trek® Bicycle Company, where we pioneered the development of the smoothest, quietest, and most comfortable fitness bikes available. In 1996, Vision Fitness was spun off by the Trek® Fitness management team to continue to bring to market innovative fitness products. We offer you the same combination of quality, value, and performance that has made our founding company the most requested bicycle brand in America.



VISION FITNESS
headquarters
located in
Lake Mills, WI

In May 2006, we celebrated our 10-year anniversary. Over the last 10-plus years, we have grown from offering three fitness bikes to a full lineup of award-winning treadmills, elliptical trainers, fitness bikes, and strength equipment. As you can see in the timeline below, we quickly became one of the top fitness equipment companies in the world. We attribute our success to our dedication to high quality standards and developing innovative products that motivate people to achieve their goals. It all starts with a Vision ...



To learn more about Vision Fitness and our complete line of quality fitness products, please visit our website: www.visionfitness.com.

Vision Fitness prides itself in creating high-quality fitness products at an exceptional value that best help you achieve your fitness goals. Vision Fitness® products have earned numerous "Best Buy" awards since 1995. Below is a list of these award-winning products:



T9200 - Platform Treadmill	February 2007
R2250HRT - Semi-Recumbent Fitness Bike	Health Magazine - Jan./Feb. 2007
R2250HRT - Semi-Recumbent Fitness Bike	Consumers Digest - February 2007
E3200HRT - Upright Fitness Bike	Consumers Digest - February 2007
T9500 - Platform Treadmill	February 2006
T9200 - Platform Treadmill	February 2006
E3200HRT - Upright Fitness Bike	BBC Focus U.K. - January 2006
E3100 - Upright Fitness Bike	Men's Fitness U.K. - March 2005
X6100 - Elliptical Trainer	Health Magazine - Jan./Feb. 2005
T9200 - Platform Treadmill	January 2005
X6200HRT - Elliptical Trainer	Which? Magazine U.K. - August 2004
E3000 - Upright Fitness Bike	Consumers Digest - February 2004
T9200 - Platform Treadmill	January 2004
T9200 - Platform Treadmill	May 2003
R2000 - Semi-Recumbent Fitness Bike	Consumers Guide
X6200 - Folding Elliptical Trainer	Consumers Digest - Jan./Feb. 2001
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Jan./Feb. 2001
X6200 - Folding Elliptical Trainer	Consumers Digest - Sept./Oct. 1998
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1998
E4100 - DualAction Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
E3200 - Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
E4100 - DualAction Upright Fitness Bike	Consumers Digest - Nov./Dec. 1997
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Nov./Dec. 1996
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1995

■ Check out these great reviews:



RUNNER'S WORLD, JANUARY 2007 **T9600 PREMIER**

"Testers loved the quick-speed and incline buttons which let them easily select their level and go with the Vision Fitness **T9600 Premier** ... This is perhaps the best value in a home treadmill we've seen."

NATIONAL GEOGRAPHIC ADVENTURE, FEBRUARY 2006 **T9450 PREMIER**

"Most folding treadmills...feel like they are going to fall apart when you accelerate above a jog. Not so with the **T9450 Premier**. The 250-lb. machine is rock-solid, folds to less than five feet by three feet, and rolls smoothly away. The unit is loaded with custom programs, including SPRINT 8, an innovative interval-training program that reportedly revs up human growth hormone production (the stuff that keeps you looking young)."



REAL SIMPLE, APRIL 2005 **T9200**

"The **T9200** is tough enough for daily use, with a sturdy frame, a 2.5-horsepower motor, and a 54-by-20-inch running area. Its quick speed and elevation keys mean you won't have to wait for the machine to catch up after you hit the arrow buttons."

Try an award-winning Vision Fitness® treadmill at your local specialty fitness retailer. We are confident you will agree with the thousands of satisfied users and find our treadmills are the simplest and most reliable you have ever used. You will also enjoy the fact that our treadmills can be customized to meet your specific needs.

simple

Vision Fitness wants you to enjoy your workout experience. To help you do this, we've developed simple-to-use yet engaging, motivational programming, such as SPRINT 8, Fat Burner, Muscle Toner, and Heart Rate Training, to keep you going that extra mile. Regardless of whether you

elevation adjustments during your workout. Some models even store your workout totals, so you can track your progress over time.

Our space-saving folding system, found on the **T9450** and **T9250** models, allows you to unfold our treadmills by simply lifting the latch and lowering the treadmill deck. Our exclusive "drop assist" deck helps support the weight as the treadmill is lowered and lifted, making it especially easy to use. That's all there is to it! When you're done with your workout, simply lower the elevation to zero and fold up; the locking mechanism will click into place. Now if only your *workout* were that easy!

The **T9450** is shown below. Our new entry-level **T1450** model can also be folded to take up less space.



choose a Vision Fitness® treadmill with programming or not, all of our models offer contact heart rate for a quick check of your heart rate. Our Smart-Matrix™ LED consoles are easy to read and understand, giving you all the information you need to achieve your goals, including Time, Distance, Calories, and Heart Rate. You'll find Quick Keys for easy speed and



Vision Fitness focuses on quality components instead of the fancy bells and whistles. We design our drive packages (motor, lower board, and console) from the ground up for the most reliable performance, rather than buying off-the-shelf components that may not work well together over time.

A quality treadmill is a large investment, and it must be reliable and maintainable year after year. We insure a reliable, longer-lasting treadmill by performing rigorous tests on our products. Our testing led us to



Vision Fitness treadmill drive package

create large motor compartments with ventilated covers and large 2.5-inch crowned rollers for our treadmills. This keeps the key components (motor, lower board, elevation motor, deck and belt) running cooler and more efficiently.



One of the many tools we use to test treadmill life

Vision Fitness® treadmills are significantly different from those of our competitors because we use wax on our decks as a lubricant instead of lower cost silicone. Our low-maintenance prewaxed decks are designed to hold up for hundreds of hours of use (based on user's weight and workout speed) without ever needing service. Wax impregnates the belt and acts as a lubricant between the belt and the deck and has properties that last longer than silicone. Our decks can easily have wax reapplied if needed, and you can flip the deck on our popular *T9600* and *T9700* Series treadmills. When looking for a long-lasting, high quality treadmill, make sure that the treadmill you choose has a wax system and not a silicone one.

customizable

Vision Fitness configured our home treadmill frames so that they will work with our various consoles. Simply choose the console that fits your needs, and match it with the frame that offers what you want. Don't let other treadmill manufacturers tell you what you need; only *you* know what features are most important to you.



FIRST, choose your console:

Premier

Comprehensive programs and feedback, alphanumeric message center with scrolling instructions, advanced features.

Deluxe

Easy-to-use programs with multiple LED feedback windows, dot matrix display.

Simple

Simple to operate, easy-to-read LED display, Quick Keys, no programming.

NEXT, select the frame that best suits your needs:

T9200 Platform

2.5 hp motor, 2-ply belt, 54" x 20" workout area, heavy gauge steel tubing.

T9500 Platform

3.0 hp motor, 4.4 mm orthopedic cushioned belt, large 57" x 20" workout area.

T9600 Platform

3.0 hp motor, 4.4 mm orthopedic cushioned belt, larger 60" x 20" workout area, extra-heavy gauge tubing for maximum durability.

T9250 Folding

2.5 hp motor, 2-ply belt, 54" x 20" workout area, heavy gauge steel tubing.

T9450 Folding

2.5 hp motor, 4.4 mm orthopedic cushioned belt, large 57" x 20" workout area.

YOUR Perfect Treadmill....!

Customized for your specific needs and fitness goals!



T9450
folding
treadmill

console options for the home

most Vision Fitness® consoles have the following key features:

- One-Touch™ Quick Start Button – Simply press and go.
- Speed and Elevation Quick Keys – Provide easy adjustments while working out.
- Two Water Bottle/Cargo Holders – One for your drink, the other for your cell phone, glasses, remote control, or MP3 player.
- Integrated Reading Rack
- Ergonomic Handlebar with Contact Heart Rate
- Easy-to-read 45-degree Console Angle
- Large, Easy-to-read LED Display
- Elevation, Time, Distance, Calories, Speed, Pace and Heart Rate Readouts



Premier console

Our Premier console is loaded with all of the programming features you'll need to achieve your fitness goals, from its four interactive heart rate programs to the exclusive SPRINT 8® 20-minute anaerobic workout. It even keeps track of your workout totals by allowing up to 10 users to save their Distance, Calories expended, Time, etc., over a week, month, or even a year. The alphanumeric message center scrolls

easy-to-follow instructions across the window and provides motivational messages. Finally, the large multi-color dot matrix display is easy to see with our Segment Progress Bar, which illustrates how much of your workout is complete at any given time. With this top-of-the-line console and its 16 programs, you are sure to stay engaged and motivated.



Deluxe console

Our Deluxe console is designed for the user who wants some programming but not every top-of-the-line feature. This console has two interactive heart rate programs, along with five custom programs and six preset programs that include rolling hills and sprints. It also includes the

exclusive SPRINT 8® 20-minute anaerobic workout. The five LED windows give extra data at a quick glance and, like the Premier, the multi-color dot matrix display features our Segment Progress Bar to let you know where you are in your workout.



Simple console

There is a reason why we called this the Simple console. It has no programming and one large LED for easy viewing. Simply press the Start button, and you're on your way to a great workout. The smaller LED gives you your heart

rate feedback from the contact heart rate bar. If you do not need any programs or additional feedback from the console, then the Simple console is your best choice.

frame options for the home

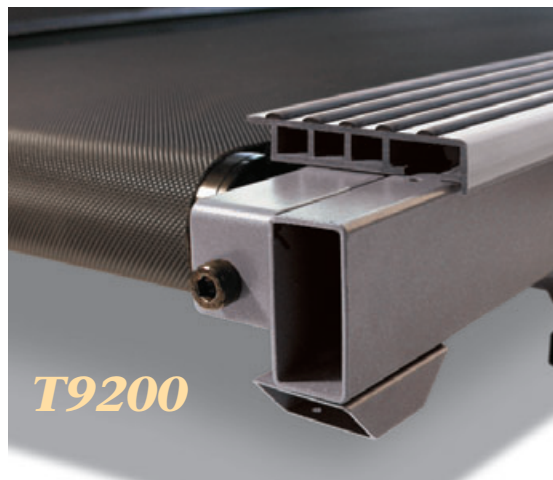
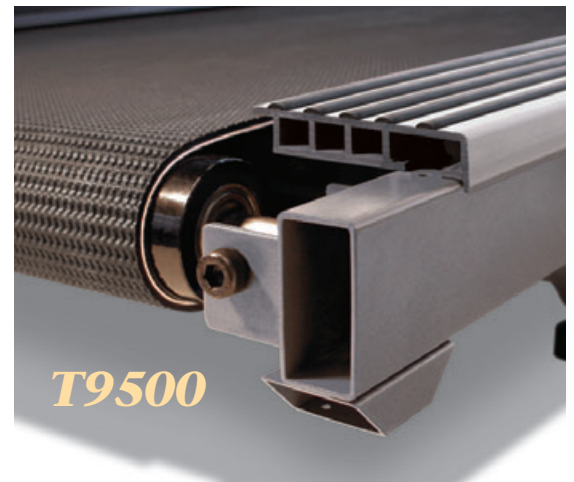
most Vision Fitness® frames have the following key features:

- 2.5-inch Crowned Rollers – Reduce wear on the belt and help keep it centered.
- One-inch Prewaxed Phenolic Deck – Adds durability and longevity.
- Non-slip Side Rails – Grip your shoes for added safety and comfort.
- Variable-durometer Elastomer Cushioning System – Eight elastomers provide cushioning and support right where you need it.
- Side Handlebars – Provide security and comfort.
- Front Transport Wheels – Allow easy movement.
- Large, Ventilated Motor Cover – Keeps the system cooler for a longer life.
- Metal End Caps – Will not break like many plastic end caps.
- Belt Guides – Help the belt track properly.



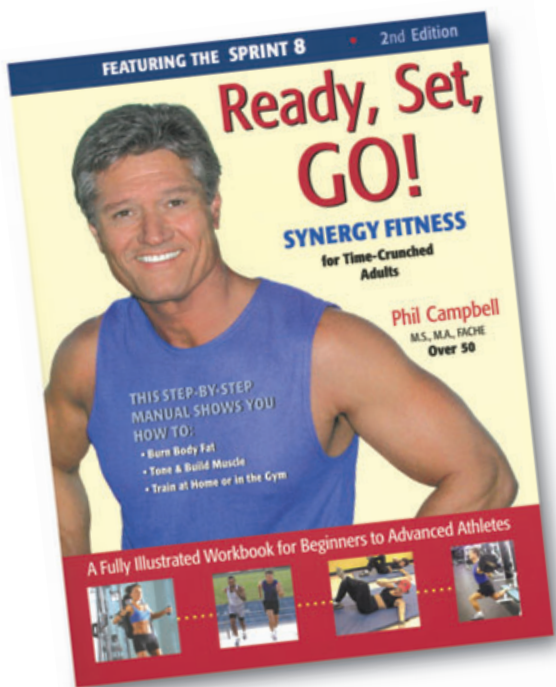
The **T9600** frame is our top-of-the-line frame. It incorporates our largest deck (which can be flipped to double its life), measures 60" x 20", and boasts our extra-heavy gauge steel tubing for heavier and taller users. It also has our 3.0 hp Cambridge Motor Works™ motor with a matching 3.0 hp drive system to assure smooth, consistent power, even at lower speeds. The extra-thick 4.4 mm orthopedic belt provides an extra-comfortable workout.

The **T9500** frame offers the same features as our **T9600** frame, such as the 3.0 hp motor and matching 3.0 hp drive system, along with our 4.4 mm orthopedic belt, but in a smaller workout area of 57" x 20". This frame utilizes our standard heavy gauge tubing.



The **T9200** is our entry-level platform frame but has many of the same features as our **T9500** and **T9600** frames. It simply utilizes a smaller 2.5 hp motor and a standard 2-ply belt. The workout area is 54" x 20", and the frame consists of our standard heavy gauge tubing.

The **T9450** and **T9250** folding frames have a 2.5 hp motor. The **T9250** comes with our standard 2-ply belt, while our **T9450** has a longer, 57", extra-soft 4.4 mm orthopedic belt. The **T9250** and **T9450** also have our exclusive "drop assist" deck.



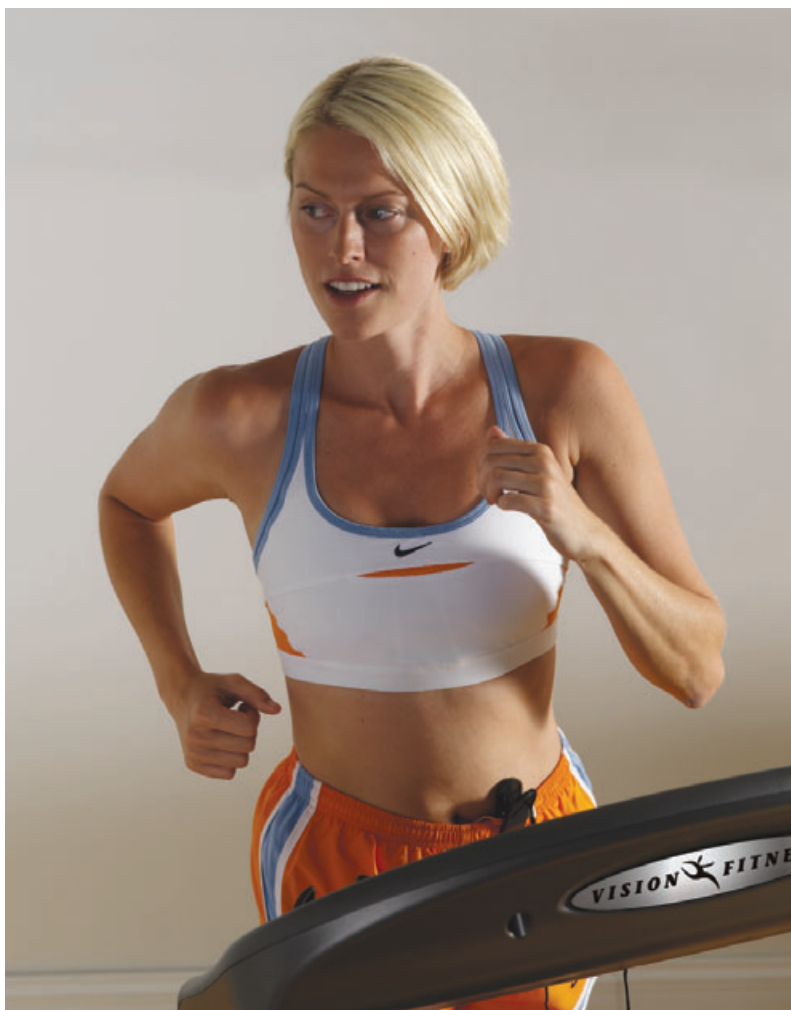
The Perfect Fitness Solution ...

The SPRINT 8® program found on Vision Fitness® treadmills was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness*. Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for somatopause or the “middle-age spread.” The “middle-age spread” is the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.

Vision Fitness is the first fitness company to integrate anaerobic exercise programming (SPRINT 8) into our equipment that specifically promotes the natural release of human growth hormone. This hormone—the most powerful body-fat-cutting, muscle-toning, anti-aging substance known in science—is produced by the body during the SPRINT 8® workout.

The SPRINT 8® anaerobic program helps people of all ages and fitness levels reach their goals. Once you press the SPRINT 8 button and select your level (from 1 for beginners to 17 for elite athletes), you are launched into an effective, heart-pumping, 20-minute workout that produces instant results. The treadmill will automatically adjust the speed and elevation based on the level you selected and will notify you when they are about to change. You can adjust the intensity at any time during your workout.

Ask your authorized Vision Fitness® retailer for more information on the medical research-based SPRINT 8® program found exclusively on Vision Fitness® equipment.



| the heart of a great workout ...



Vision Fitness® treadmills offer a long list of features that make your workout experience simple, reliable, and comfortable.

Here are some key features you'll find on most of our models:

feature	benefit
contact heart rate grips	These grips allow you to quickly monitor your heart rate during your workout.
Segment Progress Bar	This bar appears on Premier and Deluxe consoles. It illustrates how much of your workout is complete at any given time, giving you more useful data at a glance.
variable-durometer cushioning system	You get just the right amount of cushioning where you need it.
orthopedic belts	These belts are extra shock-absorbing. No more joint pain!
20-inch wide belts	The wide running surface gives you more freedom to move.
one-inch thick decks	Our thick, durable decks can withstand the most extreme workouts.
continuous-duty motors	The high insulation rating of our motors, along with the large ventilated motor compartments, allows the motor to run cooler and more efficiently for a longer life. We are so confident in our motors that we cover them with Lifetime warranties!
center-mount elevation motors	Elevation motors mounted in the center make smoother elevation changes with less strain on the motor. You experience a smooth, comfortable workout, and your treadmill enjoys a longer life.
heavy gauge steel frames	Heavier frames provide more stability for running and walking.
ISO certification	The highest quality standards were achieved in developing our treadmills.





T9800HRT
T9800S
also available

T9700HRT
T9700S
also available

feature

console and programs

console feedback

heart rate

Premier

ADVANCED SMART-MATRIX™ HRT®
W/ CONTACT HEART RATE
Unique User Log-In, SPRINT 8, Manual,
Muscle Toner, Speed Interval, 5K, Fat Burner,
Pacer, HRT Weight Loss, HRT Cardio,
HRT Endurance, HRT Interval, 5 Custom Programs

Elevation, Speed, Distance, Time,
Heart Rate, Calories, Pace, Avg. Pace,
Avg. Speed, % Heart Rate

Contact & Telemetric

feature

console and programs

ADVANCED
SMART-MATRIX™ HRT®
W/ CONTACT HEART RATE
Unique User Log-In, SPRINT 8, Manual,
Muscle Toner, Speed Intervals, 5K, Fat Burner,
Pacer, HRT Weight Loss, HRT Cardio, HRT Endurance,
HRT Intervals, 5 Custom Programs

ADVANCED
SMART-MATRIX™ HRT®
W/ CONTACT HEART RATE
Unique User Log-In, SPRINT 8, Manual,
Muscle Toner, Speed Interval, 5K, Fat Burner,
Pacer, HRT Weight Loss, HRT Cardio, HRT Endurance,
HRT Interval, 5 Custom Programs

console feedback

Elevation, Speed, Distance,
Time, Heart Rate, Calories,
Pace, Avg. Pace,
Avg. Speed, % Heart Rate

Elevation, Speed, Distance,
Time, Heart Rate, Calories,
Pace, Avg. Pace,
Avg. Speed, % Heart Rate

heart rate

Contact & Telemetric

Contact & Telemetric

belt area

63" x 22"

60" x 20"

elevation

0 to 15%
Cambridge Motor Works™

0 to 15%
Cambridge Motor Works™

speed

.5 to 12 MPH

.5 to 12 MPH

motor

Cambridge Motor Works™
5.0 hp AC,
Integrated Drive System

Cambridge Motor Works™
3.0 hp, Continuous-Duty,
Internal Fan Cooled

motor control

Club-Rated AC Controller
with Fuseless Current Limit

Club-Rated PWM with
Fuseless Current Limit

deck

1" Commercial Grade, Low
Maintenance, Prewaxed
Phenolic, Reversible

1" Commercial Grade, Low
Maintenance, Prewaxed
Phenolic, Reversible

cushioning

8 Variable-Durometer
Elastomer Cushions

8 Variable-Durometer
Elastomer Cushions

belt

Siegling COOL-WEAVE™
2-Ply Urethane High
Conductivity

Siegling COOL-WEAVE™
2-Ply Urethane High
Conductivity

rollers

3" Crowned with
Large O.D. Bearings

2.5" Crowned with
Large O.D. Bearings

frame

Extra-Heavy Gauge
Steel Welded

Extra-Heavy Gauge
Steel Welded

home warranty*

Lifetime Frame & Motor
Lifetime Electronics/Parts
2 Years Labor

Lifetime Frame & Motor
10 Years Electronics/Parts
2 Years Labor

dimensions

84"L x 31"W x 57"H

80"L x 29"W x 57"H

product weight

355 lbs.

300 lbs.

max. user weight

400 lbs.

400 lbs.

upgrades
from previous
model

UPGRADES FROM **T9700**
AC Motor & Controller,
Larger Rollers,
Larger Running Surface

UPGRADES FROM **T9600**
Commercial Deck,
Cool-Weave™ Belt,
Motor Controller, Warranty

feature

belt area

60" x 20"

57" x 20"

elevation

0 to 15%
Cambridge Motor Works™

0 to 12%
Cambridge Motor Works™

speed

.5 to 12 MPH

.5 to 12 MPH

motor

Cambridge Motor Works™
3.0 hp, Continuous-Duty,
Internal Fan Cooled

Cambridge Motor Works™
3.0 hp, Continuous-Duty,
Internal Fan Cooled

motor control

PWM with
Fuseless Current Limit

PWM with
Fuseless Current Limit

deck

1" Low Maintenance,
Prewaxed Phenolic, Reversible

1" Low Maintenance,
Prewaxed Phenolic

cushioning

8 Variable-Durometer
Elastomer Cushions

8 Variable-Durometer
Elastomer Cushions

belt

Orthopedic Cushioned

Orthopedic Cushioned

rollers

2.5" Crowned with
Large O.D. Bearings

2.5" Crowned with
Large O.D. Bearings

frame

Extra-Heavy Gauge
Steel Welded

Heavy Gauge
Steel Welded

home warranty*

Lifetime Frame & Motor
5 Years Electronics/Parts
1 Year Labor

Lifetime Frame & Motor
5 Years Electronics/Parts
1 Year Labor

dimensions

80"L x 29"W x 57"H

76"L x 29"W x 57"H

product weight

300 lbs.

260 lbs.

max. user weight

400 lbs.

350 lbs.

upgrades
from previous
model

UPGRADES FROM **T9500**
Larger Running Surface,
Higher Elevation,
Reversible Deck,
Extra-Heavy Gauge Steel Frame,
Increased Maximum User Weight

UPGRADES FROM **T9200**
Larger Running Surface,
Higher Speed,
3.0 hp Motor,
Orthopedic Cushioned Belt,
Increased Maximum User Weight



T9600
platform



T9500
platform



Deluxe

SMART-MATRIX™ HRT®
W/ CONTACT HEART RATE
SPRINT 8, Manual, Muscle Toner,
Speed Interval, Fat Burner, 5K, Pacer,
2 Heart Rate Training Programs,
5 Custom Programs

Elevation, Speed, Distance, Time,
Heart Rate, Calories, Pace, Avg. Pace,
Avg. Speed, % Heart Rate

Contact & Telemetric



Simple

SIMPLE LARGE LED DISPLAY
W/ CONTACT HEART RATE
No Programs

Elevation, Speed, Time,
Distance, Calories, Pace,
Heart Rate

Contact



T1450
folding



T9200
platform



T9450
folding



T9250
folding

feature

console and
programs

PROGRAMMABLE
BLUE BACKLIT LCD
W/ CONTACT HEART RATE
Manual, Muscle Toner,
Speed Interval, 5K,
Fat Burner, Pacer

console
feedback

Elevation, Speed, Distance,
Time, Heart Rate, Calories

heart rate

Contact

belt area

54" x 20"

elevation

0 to 12%
Cambridge Motor Works™

speed

.5 to 10 MPH

motor

Cambridge Motor Works™
2.0 hp, Continuous-Duty

motor control

PWM with
Fuseless Current Limit

deck

3/4" Prewaxed Phenolic,
Single-Side Coated

cushioning

6 Variable-Durometer
Elastomer Cushions

belt

2-Ply Anti-Static

rollers

2.0" Crowned with
Large O.D. Bearings

frame

Heavy Gauge
Steel Welded

home
warranty*

Lifetime Frame & Motor
2 Years Electronics/Parts
1 Year Labor

dimensions

70"L x 33"W x 55"H In-Use,
34"L x 33"W x 60"H Folded

product weight

165 lbs.

max. user weight

275 lbs.

upgrades
from previous
model

UPGRADES FROM
SPORTING GOODS MODEL
Heavy Gauge Steel Frame,
Variable-Elastomer Cushioning System,
Warranty,
Professional Assembly

* Refer to www.visionfitness.com for
complete Warranty details.
All product specifications are
subject to change.

54" x 20"

57" x 20"

54" x 20"

0 to 12%
Cambridge Motor Works™

0 to 12%
Cambridge Motor Works™

0 to 12%
Cambridge Motor Works™

.5 to 10 MPH

.5 to 10 MPH

.5 to 10 MPH

Cambridge Motor Works™
2.5 hp, Continuous-Duty

Cambridge Motor Works™
2.5 hp, Continuous-Duty

Cambridge Motor Works™
2.5 hp, Continuous-Duty

PWM with
Fuseless Current Limit

PWM with
Fuseless Current Limit

PWM with
Fuseless Current Limit

1" Low Maintenance,
Prewaxed Phenolic

1" Low Maintenance,
Prewaxed Phenolic

1" Low Maintenance,
Prewaxed Phenolic

8 Variable-Durometer
Elastomer Cushions

8 Variable-Durometer
Elastomer Cushions

8 Variable-Durometer
Elastomer Cushions

2-Ply Anti-Static

Orthopedic Cushioned

2-Ply Anti-Static

2.5" Crowned with
Large O.D. Bearings

2.5" Crowned with
Large O.D. Bearings

2.5" Crowned with
Large O.D. Bearings

Heavy Gauge
Steel Welded

Heavy Gauge
Steel Welded

Heavy Gauge
Steel Welded

Lifetime Frame & Motor
5 Years Electronics/Parts
1 Year Labor

Lifetime Frame & Motor
5 Years Electronics/Parts
1 Year Labor

Lifetime Frame & Motor
5 Years Electronics/Parts
1 Year Labor

73"L x 29"W x 57"H

76"L x 33"W x 55"H In-Use,
31"L x 33"W x 71"H Folded

73"L x 33"W x 55"H In-Use,
31"L x 33"W x 68"H Folded

225 lbs.

260 lbs.

250 lbs.

325 lbs.

325 lbs.

325 lbs.

UPGRADES FROM
SPORTING GOODS MODEL
Heavy Gauge Steel Frame,
Variable-Elastomer Cushioning System,
Warranty,
Professional Assembly

UPGRADES FROM **T9250**
Larger Running Surface,
Orthopedic Cushioned Belt

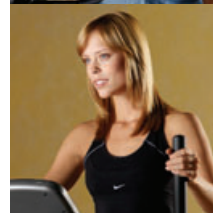
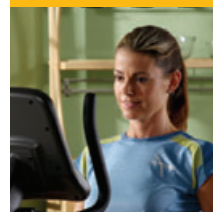
UPGRADES FROM
SPORTING GOODS MODEL
Heavy Gauge Steel Frame,
Variable-Elastomer Cushioning System,
Warranty,
Professional Assembly

customizable

reliable

simple

*it all
starts
with a
vision*



500 South CP Avenue ■ P.O. Box 280 ■ Lake Mills, WI 53551
toll free 800.335.4348 ■ phone 920.648.4090 ■ fax 920.648.3373
www.visionfitness.com

© 2007 Vision Fitness. All Rights Reserved. Advanced Smart-Matrix, Cambridge Motor Works,
Cool-Weave, HRT, One-Touch, Smart-Matrix, and SPRINT 8 are Trademarks of Vision Fitness.
8.07 Part #ZMM1000181
LIT18.02MKT
REV24

